



### • WHAT ARE METASKILLS?

Metaskills are 12 big life skills that help young people adapt, learn and succeed – no matter what the future holds. These important skills help our learners build capabilities for learning, life and work, and to thrive throughout secondary school and beyond.

#### Self-management

**Focusing**



**Integrity**



**Adapting**



**Initiative**



#### Social Intelligence

**Communicating**



**Feeling**



**Collaborating**



**Leading**



#### Innovation

**Curiosity**



**Sense-making**



**Creativity**



**Critical thinking**



### • WHY ARE THEY IMPORTANT?

- ✓ As we move further into a fourth Industrial Revolution, we must prepare young people with the skills they need for a fast-changing world.
- ✓ The careers your young person goes on to work in may not even exist yet.
- ✓ These skills help young people adapt to change, solve problems, and work effectively with others - whether in the classroom, on work experience, or in their first job.
- ✓ They make learning more engaging and meaningful across every subject, and support the transition to further study, training or employment.



CASTLEHEAD HIGH SCHOOL

# Metaskills

## Parent/Carer Guide

### • HOW ARE WE USING THEM IN SCHOOL?

Classrooms and social spaces display the 12 meta-skills so pupils can refer back to them throughout the week and across their subjects. Subject teachers will regularly refer to the metaskills that are being developed during lessons in learning intentions and success criteria. Learners will have regular opportunities for self-reflection on how their metaskill development is progressing.

### • HOW CAN PARENTS AND CARERS HELP AT HOME?

You don't need to teach new lessons – just use the words in everyday conversation!

#### ASK

"What skills did you use today?"

#### PRAISE

"You really showed initiative by starting your revision without being asked."

#### WONDER

"I wonder what's really behind that news story?" (Curiosity and Critical Thinking)

#### INVOLVE

"Can you help us decide the best way to plan the family budget/holiday?" (Critical Thinking and Collaborating)

### • OUR AIM

Young people will be able to talk confidently about the 12 metaskills and give real examples of how they use them in school, at home, and as they prepare for further study, work and life beyond Castlehead. Our aim is to work together with families to give our learners the tools to thrive, both now and in the future.

### • FIND OUT MORE

Visit the Skills Development Scotland meta-skills toolkit for more information

