

Adult & Family Learning Services

Learning Opportunities 2025

Southend Action Centre

Wednesday

10 Lessons for Life

10am till 12

This is a course that helps learners to begin the process of self-reflection, helps learners to acknowledge their skills and strengths, and supports learners to take the first steps back into learning. It is a safe, supportive, and encouraging environment that enables learners to embark on a new and exciting learning journey. Please phone 0141 487 1919 for more information.

Thursday

Quietly Confident Group

9:30am till 11:30am

We focus on building our confidence by exploring a wide variety of topics and taking part in activities including group discussions, team building, getting to know the community, walks and discovering nature. Please phone 0141 487 1919 for more information.

Adult Literacies Courses

Would you like to build your confidence with Reading, Writing, Spelling or Numeracy? Are you looking for support to help your children with their homework? Would you like to brush up on your literacies skills to help you in or gain employment or go to college or university? Help with everyday literacies which could include Driving Theory, CSCS Card (Construction Skills Certification Scheme), Financial literacies - Talk Learn and Do course or Digital literacies.

If you would like more information regarding the groups or attend one of the sessions, contact Kirsteen Jamieson on 0141 487 0160 or email: adult.learning@renfrewshire.gov.uk

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